

**ADD TO YOUR KNOWLEDGE OF MESAS  
AND STRENGTHEN YOUR "CEQUES!"**

# ANDEAN MESAS



**VISIT SHAMANICWISDOM.COM FOR LOCATION / DATES • \$895**

Join us in a quiet, private setting for this Mastery Level Workshop in which you will learn about six different mesas and identify with your local Apu and ñustas. Each mesa has its own place — in the personal or community healing world — that represents your personal associations to nature spirits, sacred places and people of power. Every object in the different mesas balances or activates a particular energetic area or elemental force and re-establishes spiritual, emotional, mental and physical health.

## LEARN, DISCOVER AND EXPERIENCE!

1. The creation and maintenance of the six different mesas;
2. Different ways of gathering and organizing the kuyas or power objects for your mesa, including chontas, Pacchas, shells and daggers;
3. Uses of the mesas for ceremonies and healing;
4. Specialized techniques for harmonizing and integrating the male and female aspects within your different mesas;
5. The Phausi Runa – spirits of running water – who help with creativity;
6. Powerful, more advanced hucha eating techniques.

**FACILITATED BY LIANA CARBÓN AND KATINA O'NEIL**

**619-980-8151 • info@shamanicwisdom.com • www.shamanicwisdom.com**

A portion of  
your fees benefit  
ISW's Kumari Wara  
First Nations  
Preservation  
Program.

The Institute of  
Shamanic Wisdom,  
Inc. is a 501(c)3  
nonprofit corporation.

## PLEASE REGISTER ME FOR THE ANDEAN MESAS WORKSHOP

My check for \$\_\_\_\_\_ is enclosed.

**Non-refundable \$125 deposit is required to hold your place. Full tuition of \$895 is due 30 days before each session begins. Please note lodging is not included.**

Mail checks, payable to ISW, to the  
Institute of Shamanic Wisdom, Inc.,  
2070 Brookhurst Dr., El Cajon CA 92019.

Name \_\_\_\_\_

Address \_\_\_\_\_

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